

Critical Blood Shortage Continues

W. HENRIETTA—The American Red Cross Blood Services, New York-Penn Region reports that a critical blood shortage continues, both locally and nationwide. All blood types are needed, and locally, there is less than a two-day supply of types O Positive, O-Negative and A Negative. The New York-Penn Region is greatly concerned about this shortage as there is no area to pull in supplies from because of a nationwide blood shortage.

"This summer has been horrible for the blood supply," stated Kay Schwartz, chief executive officer, American Red Cross Blood Services, New York-Penn Region. "We've been struggling to keep our inventories afloat, but we're barely treading water. We need blood donors to respond to our call immediately just to keep pace with hospital blood needs. Collections so far this summer are running almost 2,000 units under our requirements."

As a special token of thanks, all presenting blood donors at blood drives from August 14 - 31 will receive a *Save The World* t-shirt. All current eligible and new donors are strongly urged to call **1-800-GIVE LIFE** (1-800-448-3543) or visit www.DonateBloodNow.org to schedule an appointment. Blood donors must be at least 17-years-old, weigh at least 110 pounds and be in general good health. In New York State, 16-year-olds may donate blood provided they bring an original signed New York State Informed Parental Consent for a 16-Year-Old to Donate Whole Blood to the blood drive. The consent form can be found at www.DonateBloodNow.org/16. Identification is required to donate blood.

Free Gun Locks

MECHANICVILLE—The *Express* newspaper has a supply of gun locks courtesy of the Stillwater Police Department that are available free of charge to those who agree to safeguard their firearms from children.

The gunlock giveaway is the result of Project ChildSafe, a Firearm Safety Education Program. Created and managed by the National Shooting Sports Foundation and funded through grants from the US Department of Justice, PCS has successfully distributed over 30 million free gunlocks across the

country.

Doug Painter, president of the National Shooting Sports Foundation. "We will continue to remind all gun owners to safely store their firearms in the home and to encourage parents to educate their children about firearm safety."

The goal is to prevent needless accidents from occurring in the home.

For more information, visit online at www.projectchildsafe.org.

The gunlocks are available at the *Express* office at 138 N. 2nd Ave., Mechanicville, Tuesday through Friday 9-1:30.

E-Mail It!

Send your press releases, advertisements, and communications to *The Express* if you wish by e-mail to: mexhexpr@aol.com

Grief Recovery

SARATOGA—The Community Hospice of Saratoga offers a Grief Recovery Program free and open to the public on the second Wednesday of every month, from 6:30 to 8:00 p.m. at the Hospice office, 179 Lawrence Street, Saratoga Springs (at the corner of Clement and Lawrence Streets). Each month a different topic relating to grief is presented. On Wednesday, September 13, the discussion will be "Trusting the Process of Grief Using Creativity." This session will be presented by Valerie McCarney, Creative Art Therapist. Preregistration is required 581-0800.

Each program allows participants the opportunity to share their loss. For further information, please call Pat Casabonne at The Community Hospice office at 581-0800.

Mark your Calendar

STILLWATER—Please mark your calendar with the following event. On November 19, a retirement reception for Father Turnbull of St. Peter's Parish will be held at Panza's.

Desperate Need

STILLWATER—The Stillwater Food Pantry is in great need of non-perishable food donations. Bring donations to St. Peter's Parish or Stillwater United Church. Call 664-3354 for further information.

An education isn't how much you have committed to memory, or even how much you know. It's being able to differentiate between what you do know and what you don't.
—Anatole France

Introducing THE KNUCKLEHEADS



MECHANICVILLE—The Mechanicville-Stillwater Elks are introducing this topnotch comedic duo at its Annual Steak Roast & Picnic on September 9. The Knuckleheads have been performing since 1999 in New York City, Boston Comedy Clubs, East coast colleges, and business conferences. Their high-energy musical comedy features clean, hilarious material with a twist of boyish and unpredictable charm. Michael "Hano" Hannon (right) and Spencer "The Inspector" White are professional actors/comedians/writers who enjoy traveling America with their inspired musical lunacy which has been heard on radio and TV commercials.

Michael Hannon, member of the Mechanicville-Stillwater Elks Lodge No. 1403, has narrated VH1's *100 Hottest Hotties*, Court TV's *Body of Evidence*, Discovery Channel's *The Prosecutors*, WB's *The Hughleys*, and hundreds of TV commercials. Spencer White, member of the Elk Lodge No. 74 in Hoboken, has appeared in *Hamlet* on Broadway, *All My Children*, *One Life to Live*, and many more. Their website www.theknuckleheads.net points out: "Did you know that the middle three letters of 'Knucklehead' spelled backwards are 'ELK'? Coincidence? We think not!"

Their act has received raved reviews. *New York Daily News* states, "a Smothers Brothers for the new millennium? 'Charm to burn... sharp comic timing and enormous energy," says the *Associated Press*.

Michael is married to the former Colleen Patrick, daughter of Carolyn (Cookie) Patrick, both members of the Mechanicville-Stillwater Elks Lodge No. 1403. Close friend and Lodge member Richard Shields enthusiastically recommends that you not miss this zany, spit-polished musical comedy.

Buy your Steak Roast ticket now and get ready to laugh your socks off at the Mechanicville-Stillwater Elks Lodge, on Park Avenue in Mechanicville, on September 9. Show begins soon after dinner. Call 664-3345 for more details.

Attention

STILLWATER—Earl J. Manning American Legion will hold their next meeting on Thursday, September 7 at 7:30 p.m. This is an important meeting, all members involved in the 9/11 ceremony should attend. The Sons who are involved also are asked to attend. Also on the agenda, the State Commander's visitation, the Post's Memorial War monument, completion of the kitchen, and much more.

Adopt a Soldier

HALFMOON—The Town of Halfmoon is sponsoring the "Adopt A Soldier Program" along with the C.S.E.A. Local 168 at Mt. McGregor Correctional Facility. Donations can be dropped off at the Town of Halfmoon Town Hall. For more information call 371-7410 ext. 210. Items will be delivered to the C/368th Engineer Combat Battalion (Heavy) and other

Battalions.

Items Needed: Eye Drops, Shave Cream, Life Savers (Candy), Toilet Paper, AT&T Phone Cards, Kleenex, Chap Stick, Disinfectant Soap, Magazines, Hard Candy, Wet Naps, Baby Wipes, Lip Gloss, Hand Cream, Kool Aid Powder, Iced Tea Powder.

Items may also be dropped off at the Board of Supervisors Office Building #1.